

Robert Hayden, M.S.O.M. - Materia Medica Lecture Notes

Open Orifices

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| Deer musk Moschus (She xiang) | warm, acid, aromatic ----- Ht, Sp, Lr | *Intensely opens orifices, revives consciousness: heat entering Pc, tetany, phlegm collapse, seizures. *Moves blood, reduces swelling, relieves pain: toxic sores, masses, trauma, coronary artery disease. *Hastens delivery, esp in stillborns. | Contraindicated: pregnancy, yin def heat. Endangered. | 0.06-0.15 pills powders |
| Styrax Liquidis (Su he xiang) | warm, sweet, acid, aromatic ----- Ht, Sp | *Opens orifices, penetrates turbidity: esp cold disorders, also phlegm, closed, epidemic toxic. *Cold, fullness, pain in chest. | Contraindicated: hi fever & coma, spontaneous sweat & collapse. Caution: pregnancy. | 0.3-1 g pill, powder |
| Borneol (Bing pian) | Cool, acid, bitter ----- Ht, Lu, Sp | *Opens orifices, revives spirit: fainting, convulsions. *Topical: throat pain/swelling, skin diseases, eye diseases, regenerates flesh. | Contraindicated: qi & bl def. Caution: pregnancy. | 0.3-0.9 g pill, powder |
| Acorus Rz Acori Graminei (Shi chang pu) | sl warm, acid, aromatic ----- Ht, St | *Opens orifices, vaporizes phlegm, quiets spirit: deafness, dizziness, dull senses, seizures. *Harmonizes middle jiao, transforms turbidity: chest fullness, ab pain d/t Sp/St damp. *Wind-damp bi, trauma, sores: internal or topical. | Caution: yin def heat, excessive sweating, vomiting blood, spermatorrhea. Antagonizes Mahuang. | 3-9 g decoction, pills, powders |
| Bovine Bezoar Cattle Gallstone Calculus Bovis (Niu huang) | cool, bitter, sweet ----- Ht, Lr | *Clears Ht, opens orifices, awakens spirit, vaporizes phlegm: delirium d/t febrile diseases, hot phlegm obstructing Pc, wind-stroke, seizures. *Clears Lr heat, extinguishes wind: spasms, tremors w/fever. *Toxic heat swellings. | Contraindicated: pregnancy, Sp/St def, absence of xs heat. Antagonizes Longgu, Shengdihuang, Longdancao, Changshan, Niuxi. | 0.15-1g pills, powders |