

Expel Parasites

Quisqualis fruit Fructus Quisqualis (Shijunzi)	warm, sweet ----- Sp, St	*Kills parasites, esp roundworm. *Childhood gan accumulation	Dosage for children: 1 seed per year of age up to 20. OD: hiccups, dizziness, vertigo, vomiting. Taking with hot tea can also cause hiccups, diarrhea, belching.	4.5-12 g
Chinaberry bark Cortex meliae Radix (Kuliangenpi)	cold, bitter, toxic ----- Sp, St, Lr	*Kills parasites: roundworm, hookworm, pinworm, trichomonas. *Topical for tinea.	Toxic, not for long term use. Side fx incl nausea, vomiting, dizziness, ab pain. Contraindicated: Sp/St def or organic liver disorder.	6-15 g
Omphalia (Leiwan)	cold, bitter, sl toxic ----- St, LI	*Kills parasites, esp tapeworm, also hookworm & roundworm.	Caution: Sp/St def, Antagonizes Gegen, Bianxu.	6-9 g
Betel nut Areca seed Semen arecae (Binglang)	warm, acid, bitter ----- St, LI	*Intestinal parasites, esp tapeworm, also roundworm, hookworm, blood flukes. *Qi & food stagnation: ab distension, constipation or tenesmus. * Edema, leg qi.	Caution: center qi collapse.	6-12 g; alone for tapeworm 60-120 g
Basket fern Rhizoma Dryopteris (Guanzhong)	cold, bitter ----- Lr, Sp	*Kills parasites: pinworm, hookworm, tapeworm. *Clears heat relieves toxicity: Wind-heat, skin eruptions, mumps. *Cools blood: uterine bleeding. *Alopecia, head sores.	Contraindicated: pregnancy, weak patients, hx of ulcers. Char: stop bleeding.	6-15 g
Pumpkin seed Semen Cucurbitae (Nanguazi)	neutral, sweet ----- St, LI	*Kills parasites, alleviates pain: roundworm, tapeworm. *Post partum edema, insufficient lactation.	Tapeworm: 60-120 g powder; 2 hrs later, take 60-120 g decocted Binglang, then 30 min later, 15 g Mangxiao in water.	30-60 g
Garlic bulb Bulbus Alii sativi (Dasuan)	warm, acid ----- St, Sp, Lu, LI	*Kills parasites: pinworm, hookworm, ringworm, etc. *Relieves toxicity: diarrhea, dysentery, sudden coughing. *Prevents influenza. *Shellfish poisoning.	Contraindicated: yin def heat, in enema & topical application to perianal area during pregnancy. Not for long term topical use.	6-15 g or 3-5 cloves