

## Stop Bleeding 2

Biota tops Cacumen Biotae (Ce bai ye)	sl cold, bitter, astringent / H,LR,LI	*Blood heat: cough w/bloody phlegm, vomiting blood, epistaxis, hematuria, uterine bleeding. *Topical: early stage burns. *Wind-damp bi.	Contraindicated: long-term use. Char: bleeding. Raw: cough Ointment, wash or fresh: burns.	6-15 g
Mugwort leaf Fm Artemisiae Argyi (Ai ye)	warm, bitter, acid / SP,LR,K	*Bleeding d/t def cold, esp uterine. *Def cold in lower jiao w/ab pain, irreg menses, amenorrhea. *Restless fetus, spotting in pregnancy, infertility d/t def cold. *Itchy skin d/t damp-cold.	Same herb used for moxibustion. Caution: heat, bl or yin def. Raw: pain, itching. Char: bleeding.	3-9 g
Baked Yellow Earth Terra Flava Usta (Fu long gan)	warm, acid / SP,ST	*Bleeding d/t def cold: intestine, uterine, stomach, urine. *Chronic diarrhea d/t Sp def. *Vomiting d/t cold, morning sickness.	Contraindicated: heat or yin def.	15-60 g decoct in cheese- cloth
Dalbergia Lignum Dalbergiae (Jiang xiang)	warm, acid / LR,SP,ST	*Bleeding from cuts (topical). *Trauma (topical/internal). *Bl stasis pain: stomach, chest. *Recent: hypertension.		powder: 1.5-3 g decoct: 6-9 g
Lotus node Nodus Nelumbinis Rhizomatis (Ou jie)	neutral, sweet, astringent / LU,ST, LR	*Various bleeding, esp cough or vomiting w/blood d/t Lu/St heat.		9-15 g fresh: 30-60 g
Lotus peduncle Recept Nelumbinis (Lian fang)	warm, bitter, astringent / LR,SP,K	*Restless fetus, spotting in pregnancy. *Bloody diarrhea, anal prolapse. *Bl stasis ab pain, lochia. *Diarrhea d/t summerheat-damp. *Recent: cervical cancer.		3-9 g
Imperata rhizome Rhizoma Imperatae (Bai mao gen)	cold, sweet / LU, ST, SP, UB	*Cools blood, stops bleeding: bloody nose, urine, vomit, cough. *Hot dysuria, edema, damp-heat jaundice.	Contraindicated: Sp/St def cold.	15-30 g (30-60 g, if fresh herb)